



YOGA
behind bars

ANNUAL REPORT 18-19

HELLO

When I think of where we started over 10 years ago—in a grimy, cold, concrete jailhouse in downtown Seattle with a few open-minded, but downtrodden inmates—I reflect on the lotus flower that is a symbol of Yoga Behind Bars. Against odds, through thick mud and the weight of the water, the lotus grows and reaches out to remind us all of our resiliency and capacity to grow.

From humble beginnings in 2008 to a thriving organization that reaches 4,500 students behind bars annually, I am truly proud of the staff, volunteers, and our supporters for their commitment to our mission, growth, and vision.

And a special thank you to the tens of thousands of our students who have opened their hearts, minds, and bodies to change.

-JULIAN SAUCIER, EXECUTIVE DIRECTOR & FORMERLY INCARCERATED YOGA PRACTITIONER

PROGRAM HIGHLIGHTS

2018 ↓

- Launched YBB [Online Learning Platform](#)
- Trauma-Informed [Prenatal Yoga training](#) at WCCW
- Celebrated 10 years of being a registered 501c3



2019 ↓

- Listening tour at youth facilities to collaborate on improved programs
- Received our first ever paid public contract for our vets program at MRJC
- Presentation to all DOC superintendents and executive prison staff



PROGRAM GROWTH

15 facilities

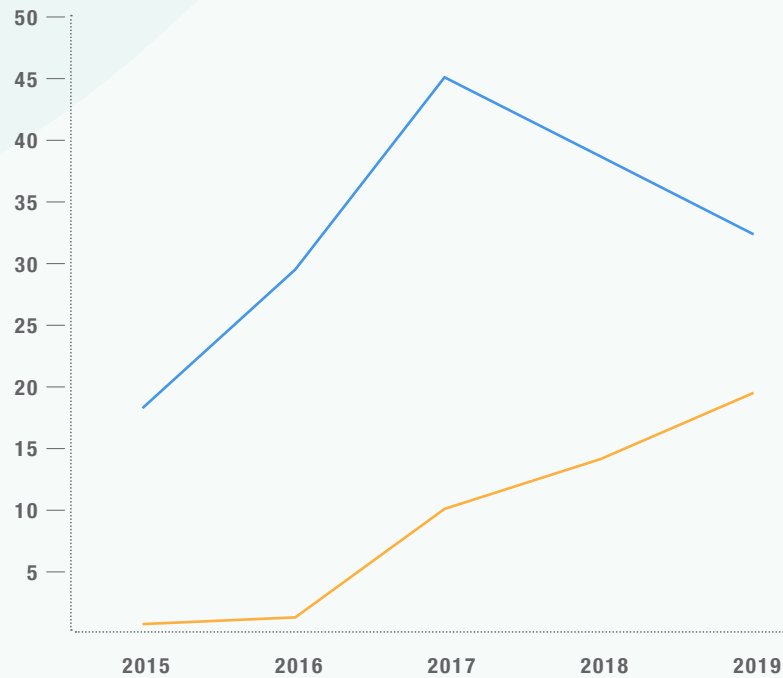
33 classes per week

18 weekly classes taught by incarcerated teachers

777 total people trained in trauma-informed yoga!

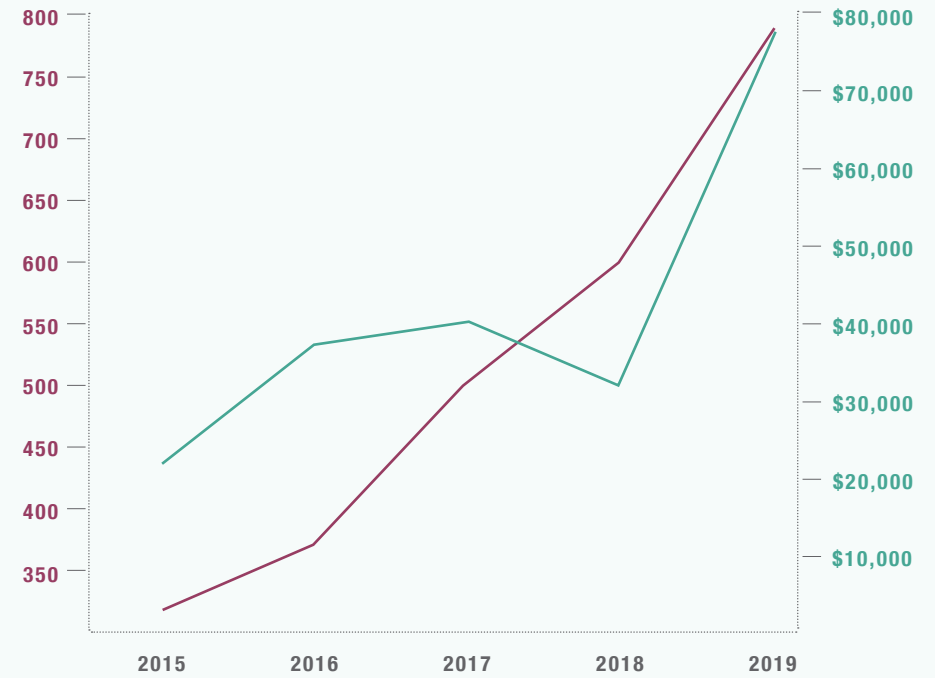
4,500 students behind bars served*

* Average daily prison confinement in WA is 36,000



Weekly Classes

Weekly classes taught by incarcerated teachers



Total trauma-informed yoga teacher trainings attendees

Earned revenue from yoga trainings

WHERE WE TEACH

LOCATIONS

Airway Heights Corrections Center

Clallam Bay Corrections Center

Coyote Ridge Corrections Center

Denney Juvenile Justice Center

Echo Glen Children's Center

Federal Detention Center

King County Correctional Facility

King County Juvenile Detention

Maleng Regional Justice Center

Monroe: Intensive Management Unit

Monroe: Minimum Security Unit

Monroe: Washington State Reformatory Unit

Monroe: Special Offender Unit

Monroe: Twin Rivers Unit

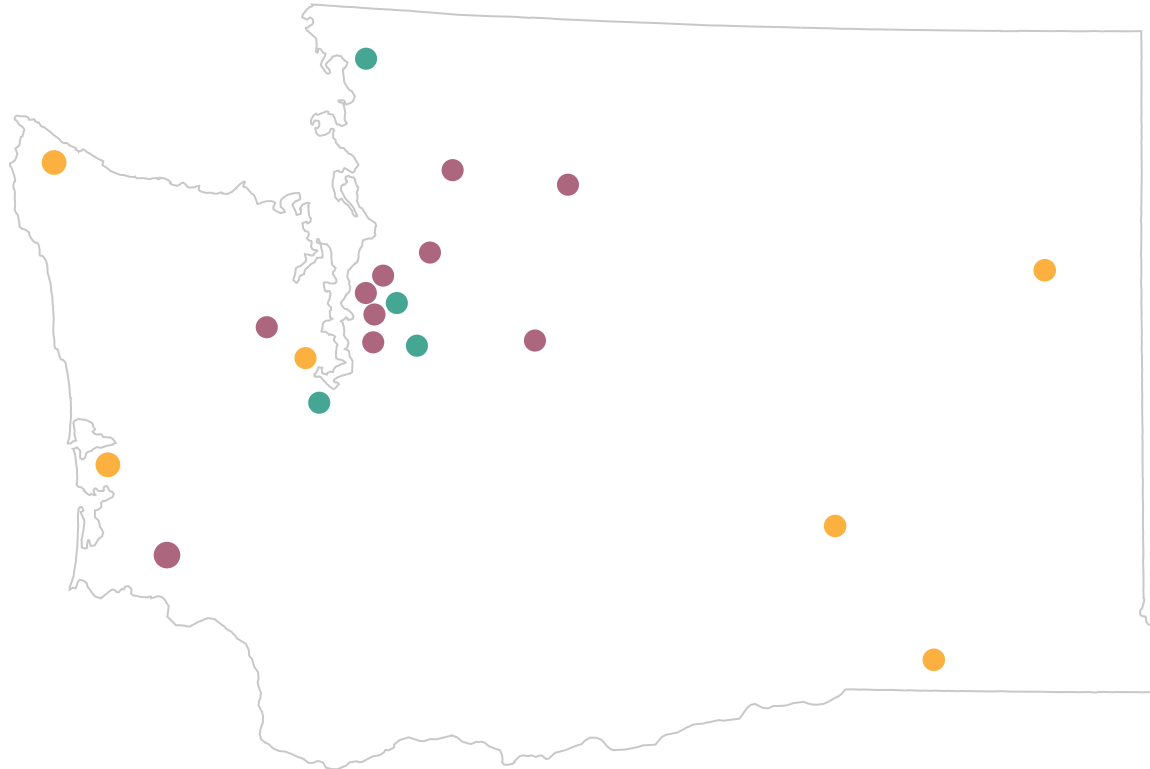
Remann Hall Juvenile Detention Center

Stafford Creek Corrections Center

Washington Corrections Center for Women

Washington State Penitentiary

Whatcom County Juvenile Detention Center



● Youth Facilities

● Adult Facilities

● Teachers Behind Bars

— Facilities with classes taught by teachers behind bars, graduates of YBB's Trauma Informed Teacher Training Program.

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“My brother made some mistakes and was in the justice system, but he’s not unlike all of us who have also made mistakes. I want him and everyone in the justice system to know they are no less. They are worthy of love, forgiveness, and peace, not unlike all of us. Thank you all for your love!”

-ALI CHIU, IN HONOR OF LOUIE CHIU



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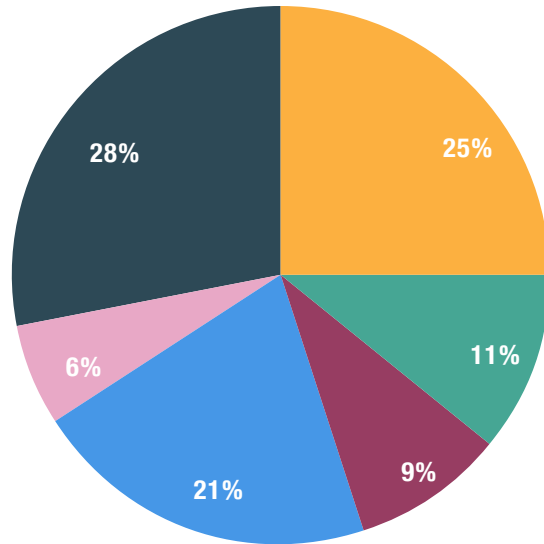


FINANCIALS

2018

2019

TOTAL REVENUE = \$555,201



Individual Contributions
\$138,556 | 25%

Business Contributions
\$59,056 | 11%

Foundations
\$49,675 | 9%

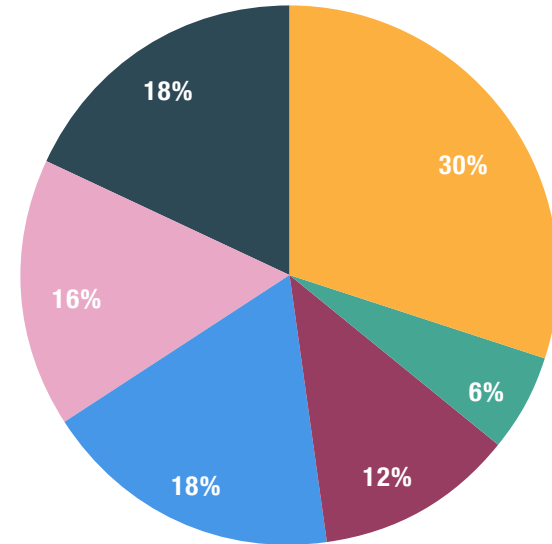
Fundraising Events
\$117,299 | 21%

Earned Revenue (Yoga Trainings)
\$36,265 | 6%

Volunteer Yoga Teacher Contributions (in-kind services)
\$154,350 | 28%

TOTAL EXPENSES = \$478,928

TOTAL REVENUE = \$566,588



Individual Contributions
\$138,556 | 25%

Business Contributions
\$34,424 | 6%

Foundations
\$66,400 | 12%

Fundraising Events
\$101,948 | 18%

Earned Revenue (Yoga Trainings)
\$88,335 | 16%

Volunteer Yoga Teacher Contributions (in-kind services)
\$104,888 | 18%

TOTAL EXPENSES = \$498,409



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