2015 highlights

You helped launch our Yoga Teacher Training Program for Prisoners at Stafford Creek Corrections Center – one of the first of its kind in the nation!

You supported an average of 25 classes a week for 4,102 students in 12 WA prisons, jails, and detention centers.

You brought a college accredited yoga course to the Washington Corrections Center for Women, in partnership with Freedom Education Project Puget Sound.

You helped fund new programs at the Federal Detention Center, Clallam Bay Corrections Center, and Remann Hall Juvenile Detention Center. That’s right, we expanded to 3 new facilities!

You funded 15 scholarships for our Teacher Trainings which allows more people to teach behind bars, regardless of their financial situation.

You helped us grow our staff by adding an Administrative Manager to our team. This ensures more students in prisons, jails, and detention centers can step on the mat and practice yoga and meditation every week.

"Yoga is the one consistent thing I have come to rely on. It’s always there for me, every week."

Adult student, Monroe Correctional Complex, Minimum Security Unit.
Volunteers // Total number of teachers: 50

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And the 50+ amazingly generous yoga studio partners throughout Puget Sound!