In 2008, YBB offered 1 weekly class in Seattle’s downtown jail. Today we are a statewide organization in 15 correctional facilities in 8 WA counties, often reaching remote facilities where there is limited or no rehabilitative programming.

Through the work of 70+ certified and YBB trained volunteer teachers, including inmate teachers, YBB offers classes to people in mental health units, solitary confinement, seniors, veterans, Drug Offender Sentencing Alternative programs (DOSA) and corrections staff.

Over the past nine years YBB has helped thousands of incarcerated women, youth, and men transform their lives through our trauma-informed yoga and meditation programs.
## 2016 Budget

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Income</td>
<td>$301,129</td>
</tr>
<tr>
<td>Total Expense</td>
<td>$278,025</td>
</tr>
</tbody>
</table>

"I feel as if I’ve been living in a dark room for so long and am now stepping out into the brightness of day."

YBB student, Monroe Correctional Complex
Our first cohort of Incarcerated Yoga Teachers graduated in February.

They are already co-teaching classes to other inmates!

We offered 15 full scholarships for formerly incarcerated people and people of color to attend our Trauma-Informed Teacher Trainings.

Over 100 people attended trainings across the country!

YBB expanded to three facilities in Eastern WA:

Washington State Penitentiary, Airway Heights Corrections Center, Coyote Ridge Corrections Center.

That’s right, we’re now a statewide organization!

Powered by our donors, we launched our Yoga Teacher Training Program for inmates at Washington Corrections Center for Women.

Our instructors offered an average of 37 classes a week in 15 prisons, jails and detention centers throughout WA State.

2016 Highlights
“Trauma sensitive yoga can be incredibly powerful in the healing of a person who has experienced significant hardship whether incarcerated or not.”

Staff Member, Washington Corrections Center
2016 Yoga Behind Bars  
$250+ Individual Donors  

Adrien Miller  
Ali Valdez  
Alice L Robertson  
Alison Holcomb  
Andrea DuFlon  
Angela Johnson  
Art & Estela Meza  
Benjamin & Heather Wertheimer  
Bradley & Lauren Padden  
Bradley Bates  
Carol Sanders  
Carrie Fortin Troy & Stephen Troy  
Case Van Rij  
Catherine Dussault  
Cedar & Ali McKay  
Cedra DuFlon-Heide  
Celine Meza  
Christian Johanneson  
Christine List  
Cindy Krueger  
Cindy Shaw  
Cody Swift  
Colleen McEvoy & Pete Colebrook  
Craig Big Eagle & Jill Carnine  
Crista Walker  
Daniel Price  
Dave & Sara Sharkey  
David Merz  
Dawn Hanson  
DeAnna Poling  
Deborah St Julien  
Deidre Girard  
Don Siegel  
Frances Posel  
Gillian Ennis  
Gina Sala  
Gina Skene  
Gwendolyn Payton  
Harald Becker  
Howard Kuo  
Janet Boguch  
Jeff Lehman  
Jennifer Sargent  
Joe Regensburg & Julia Cross  
John & Kim Davis  
John Loux  
Johnna White  
Julian Saucier  
Juliana Sloper  
Kacy McNaull  
Karen Souter  
Karla Murphy-Danson  
Katie Garrow  
Kay Crampton  
Kelsey Birnbaum  
Kerry Kahl  
Kevin Geisner  
Kristi Coulter  
Kyla Saphir  
Leah Zaccaaria  
Leslie Decker  
Li Lu-Porter & Dave Porter  
Libby Cunningham  
Lisa Rosenblatt & Ernie Hood  
Lori Hansen  
Lucille Johnston  
Marianne Pettersen & Charlie Thompson  
Marina Gray  
Mark & Amy Van Hollebeke  
Mark Johnson  
Mary Feider  
Mary Sussex  
May Casey  
Maya Nader  
Megan Millard  
Meryl Birn  
Michael Kunitzky  
Mike Rojas  
Morris Groberman  
Naomi Harrington  
Naomi Nomura-Barry  
Nicole Tsong  
Noel Mason  
Nydelis Ortiz  
Pamela Wiesenbach  
Paula Riggert  
Rachel Adler  
Rebecca Judy  
Robert Kosara  
Ron Danz  
Ronnie Katz  
Rosa Vissers & Lott Martin  
Sally Bjornsen  
Samuel Jenning  
Sasha Demerijian  
Sean O’Connor  
Steve Brinn  
Ted Spitalnick  
Thom & Patricia Vogel  
Thom Kephart  
Tim Sunday  
Tina and Chad Urso McDaniel  
Todd Greenwood-Geer  
Tom Riley  
Tonia Winchester  
Vanessa Kuykendall  
Victor Odlivak  
Victoria Gordon  
Yvonne Hall  
Zahr Said

Institutional Donors,  
Corporate Partners &  
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Raynier Institute Foundation  
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Seattle Foundation  
Social Venture Partners  
Soulcraft Allstars  
US Bank Foundation  
UW Combined Fund Drive  
Washington Women’s Foundation

And the 50+ amazingly generous yoga studio partners thoughout Puget Sound!
Deep bow of gratitude to our incredible instructors and community ambassadors for giving their time, presence, and expertise to our students.

YBB Instructors
Alice S.  
Alyssa K.  
Alyssa P.  
Alyssa Y.  
Amanda G.  
Andrea C.  
Angel J.  
Ann C.  
Annie F.  
Bernie C.  
Caroline P.  
Celina M.  
Christine L.  
Danny S.  
Dawn H.  
Deb H.  
Diana B.  
Diane U.  
Rainey  
Emily B.  
Emily C.  
Erica C.  
Ferrah R.  
Gwendolyn P.  
Hasna A.  
Heather B.  
Inga R.  
Jake W.  
Janell H.  
Janice R.  
Jenn O.  
Jennifer S.  
Jenny H.  
Jess F.  
Jessica C.  
Jo B.  
Jodi S.  
Johnna W.  
Julie D.  
Kay C.  
Kendra W.  
Laura M.  
Laura P.  
Laurel R.  
Lauren H.  
Lauren M.  
Leigh S.  
Lo N.  
Lydia L.  
Malory G.  
Marty S.  
Mary Jane D.  
Maureen K.  
Maya N.  
Meg S.  
Morgan B.  
Nydelis O.  
Patti S-V.  
Rebekah S.  
Rena H.  
Rosa V.  
Rose W.  
Sally A.  
Sam P.  
Samara S.  
Sandie D.  
Sarah R.  
Sarah T.  
Sarah W.  
Subha C.  
Todd G.  
Vanessa S.  
Wendy G.  
Carol S.  
Ella M.  
Erica C.  
Erica S.  
Ferrah S.  
Jenny F.  
Jess R.  
Jill C.  
Jo B.  
Jo E.  
Katie L.  
Kyla S.  
Lauren A.  
Lauren B.  
Lauren H.  
Lauren M.  
Maggie W.  
Marissa M.  
Matt W.  
Megan B.  
Megan T.  
Melanie C.  
Natalie P.  
Sandie D.  
Sam J.  
Shimon A.  
Subha C.

Community Ambassadors

Photo / Video

Joseph Lambert, Jazzypoto
Hannah Szekely, Event Photography

Continuing Education Instructors

Board of Directors

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Nicole Tsong, Vice President
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Mariela Barriga
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Taylor Truett
Zahr Said
Julian Saucier
Johnna White

“Today the barriers were destroyed. I feel the love I have inside. I see a future for myself for the first time in my life.”

Student, Clallam Bay Corrections Center
Peace is an inside job