YOGA behind bars

ANNUAL REPORT 18-19
When I think of where we started over 10 years ago—in a grimy, cold, concrete jailhouse in downtown Seattle with a few open-minded, but downtrodden inmates—I reflect on the lotus flower that is a symbol of Yoga Behind Bars. Against odds, through thick mud and the weight of the water, the lotus grows and reaches out to remind us all of our resiliency and capacity to grow.

From humble beginnings in 2008 to a thriving organization that reaches 4,500 students behind bars annually, I am truly proud of the staff, volunteers, and our supporters for their commitment to our mission, growth, and vision.

And a special thank you to the tens of thousands of our students who have opened their hearts, minds, and bodies to change.

-JULIAN SAUCIER, EXECUTIVE DIRECTOR & FORMERLY INCARCERATED YOGA PRACTITIONER
2018

- Launched YBB Online Learning Platform
- Trauma-Informed Prenatal Yoga training at WCCW
- Celebrated 10 years of being a registered 501c3

2019

- Listening tour at youth facilities to collaborate on improved programs
- Received our first ever paid public contract for our vets program at MRJC
- Presentation to all DOC superintendents and executive prison staff
**Program Growth**

- 15 facilities
- 33 classes per week
- 18 weekly classes taught by incarcerated teachers

- 777 total people trained in trauma-informed yoga!
- 4,500 students behind bars served*

* Average daily prison confinement in WA is 36,000
LOCATIONS

Airway Heights Corrections Center
Clallam Bay Corrections Center
Coyote Ridge Corrections Center
Denney Juvenile Justice Center
Echo Glen Children’s Center
Federal Detention Center
King County Correctional Facility
King County Juvenile Detention
Maleng Regional Justice Center
Monroe: Intensive Management Unit
Monroe: Minimum Security Unit
Monroe: Washington State Reformatory Unit
Monroe: Special Offender Unit
Monroe: Twin Rivers Unit
Remann Hall Juvenile Detention Center
Stafford Creek Corrections Center
Washington Corrections Center for Women
Washington State Penitentiary
Whatcom County Juvenile Detention Center

Facilities with classes taught by teachers behind bars, graduates of YBB’s Trauma Informed Teacher Training Program.
**Thank You**

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Amy VanHollebeck
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- 501 Commons
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- Backflip
- Bainbridge Yoga House
- Be Luminous
- BECU
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- Tulalip Tribes Charitable Giving
- Twist Yoga
- USAA
- Vanguard Charitable Endowment Program
- Washington Women’s Foundation
- Whatcom Community Foundation
- White Lotus Yoga
- Yoga Dojo
- Yoga on Beacon
“My brother made some mistakes and was in the justice system, but he’s not unlike all of us who have also made mistakes. I want him and everyone in the justice system to know they are no less. They are worthy of love, forgiveness, and peace, not unlike all of us. Thank you all for your love!”

―ALI CHIU, IN HONOR OF LOUIE CHIU
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2018

TOTAL REVENUE = $555,201

- Individual Contributions: $138,556 (25%)
- Business Contributions: $59,056 (11%)
- Foundations: $49,675 (9%)
- Fundraising Events: $117,299 (21%)
- Earned Revenue (Yoga Trainings): $36,265 (6%)
- Volunteer Yoga Teacher Contributions (in-kind services): $154,350 (28%)

TOTAL EXPENSES = $478,928

2019

TOTAL REVENUE = $566,588

- Individual Contributions: $138,556 (25%)
- Business Contributions: $34,424 (6%)
- Foundations: $66,400 (12%)
- Fundraising Events: $101,948 (18%)
- Earned Revenue (Yoga Trainings): $88,335 (16%)
- Volunteer Yoga Teacher Contributions (in-kind services): $104,888 (18%)

TOTAL EXPENSES = $498,409
Peace is an inside job